

| | SUN | MON | TUES | WED | THURS | FRI | SAT |
|-----|-------------------------------|-----------------------------|---------------------------------------|---------------------------------|----------------------------------|-----------------------------|--------------------------------|
| W01 | | | 1 <i>New Year vibes</i> | 2 <i>Rejuvenation</i> | 3 <i>Fresh</i> | 4 <i>Still</i> | 5 <i>Quote</i> |
| W02 | 6 <i>Relaxation</i> | 7 <i>Sun</i> | 8 <i>Happy place</i> | 9 <i>Colour</i> | 10 <i>Less is more</i> | 11 <i>Dance</i> | 12 <i>Family</i> |
| W03 | 13 <i>Healing</i> | 14 <i>Produce</i> | 15 <i>Energy</i> | 16 <i>Reflection</i> | 17 <i>Cleanse</i> | 18 <i>Detail</i> | 19 <i>Pick-me-up</i> |
| W04 | 20 <i>Renewal</i> | 21 <i>Sky</i> | 22 <i>Love</i> | 23 <i>Treat</i> | 24 <i>Explore</i> | 25 <i>Honesty</i> | 26 <i>Water</i> |
| W05 | 27 <i>Friends</i> | 28 <i>Read</i> | 29 <i>Soft</i> | 30 <i>Earth</i> | 31 <i>Nourishment</i> | | |
| W06 | | | | | | | |



2019
JANUARY

#SBpicaday

challenge